



POISON TREATMENT CARD

Poison Centre Telephone Number: 080033344



Keep this card handy so that you know what to do in the event of a poisoning.
The home is filled with products like paraffin, bleach, cosmetics and medicines which can poison children. Always ensure that poisonous substances are locked away.

Match the symbol/colour of the substance swallowed to the same symbol/colour Treatment box.

	Acid		Fertilizers		Nail Vanish Remover
	Alcohol		Firelighters		Oven Cleaner
	Ammonia		Fluoride Tablets		Paint (Oil)
	Battery (Button)		Glue (Contact)		Paint Remover (Caustic)
	Battery Acid		Glue (Other)		Paint Remover (Solvent)
	Benzine		Hair Colour		Parafin
	Bleach		Hair Perm/ Straighteners		Perfumes
	Camphorated Oil		Hydrochloric Acid		Pesticides
	Carbon Tetrachloride		Hydrogen Peroxide		Petrol
	Caustic Soda		Insect Repellent		Rat Bait
	Chlorine (For Pools)		Insecticides		Shampoos
	Condy's Crystals		Liniments (eg. Wintergreen)		Snail Bait
	Cosmetics		Medicines (Asprin)		Tablets
	Deodrants		Medicines (Cough Syrup)		Toilet Cleaner
	Detergents (Clothing)		Medicines (Iron Tablets)		Turpentine
	Dishwashing Liquid		Medicines (Oral)		Varnish
	Dishwashing Powder		Medicines (Paracetamol)		Vitamins
	Disinfectants		Medicines (Pills)		Washing Soda
	Drain Cleaner		Metal Cleaners		Weedkillers
	Dyes (Fabric/Hair)		Mineral Turpentine		White Spirits
	Fabric Softner		Mothballs		Window Cleaner

Symbol	Treatment
	<ul style="list-style-type: none"> ▶ Do not give the person anything to drink or eat. ▶ Do not make the person vomit. ▶ Get the person to a clinic or hospital quickly!
	<ul style="list-style-type: none"> ▶ Give the person half a cup of milk or water immediately. ▶ Contact the Poison Centre.
	<ul style="list-style-type: none"> ▶ Give the person half a cup of milk or water immediately. ▶ Do not make the person vomit. ▶ Contact the Poison Centre.
	<ul style="list-style-type: none"> ▶ Give the person activated charcoal to absorb the poison. ▶ Contact the poison centre, or ▶ Get the person to a clinic or hospital quickly!

Charcoal Mixture:

Infants 1 gram activated charcoal per kilogram

Children 15-30 grams activated charcoal as a single dose, mix with 240ml water

Adults 50-100 grams activated charcoal as a single dose, mix with 300-500ml water

** If a poisonous substance comes into contact with eyes or skin, rinse the area for 15-20 minutes with water and contact a doctor or go to the nearest clinic.*

** If a person has swallowed medicine or a poisonous substance, send the container and a sample of the medication or poison to the clinic or hospital with the person.*